

Exeter Foodbank – Food Shortages

Exeter Foodbank is a small, volunteer-led charity providing emergency food to local people in financial crisis, who would otherwise be unable to put food on the table for themselves and their families. We are reliant on food donations from the generous Exeter community for every food parcel we give out.

Can you help by donating any of the following items*?

* This list reflects the items we're currently short of – not the full range of food we give out. The full contents of each foodbank parcel provides nutritionally balanced meals for at least 3 days. (Please see our website for full details <https://exeter.foodbank.org.uk/get-help/whats-in-a-food-parcel/>)

Priority Shopping List Items – September 2020
Potatoes (tins)
Rice Pudding (tins)
Microwaveable Sponge Puddings
Toiletries (Shower gel/deodorant/shampoo)
Please note that the foodbank can only take in-date, long-life food. We unfortunately cannot take fresh produce, items past their Best Before / Use By Date, or any items containing alcohol (including wine-based sauces, steak & ale pies etc) https://exeter.foodbank.org.uk/give-help/donate-food/

Donations can be left at the following **supermarket collection points**, which remain open and are being collected from regularly:

- Sainsbury's (Alphington / Pinhoe / Guildhall)
- Tesco Superstore (Exe Vale)
- Co-op (Heavitree / St Thomas)
- Waitrose (Gladstone Rd)

Thank you very much for your support!