

# ICHTHUS

SUNDAY 6 JUNE 2021



THE MOST HOLY BODY  
AND BLOOD OF CHRIST  
(CORPUS CHRISTI)

Year B

Thank you, Jesus, for inviting me to your feast.



## ENTRANCE ANTIPHON

He fed them with the finest wheat  
and satisfied them with honey from the rock.

## COLLECT

O God, who in this wonderful Sacrament  
have left us a memorial of your Passion,  
grant us, we pray,  
so to revere the sacred mysteries of your Body and Blood  
that we may always experience in ourselves  
the fruits of your redemption...



## FIRST READING

## EXODUS 24:3-8

When someone makes a business arrangement, they usually sign a contract. Although it might be seen as just a piece of paper, the contract is legally binding. If anyone fails to keep their side of the agreement, they can be taken to court. When

Moses makes the covenant with God they don't sign a piece of paper. Something much more significant and memorable happens. Bulls are sacrificed and their blood seals the covenant. Everyone knows they are part of something very special.

We say these words or sing a hymn as the priest approaches the altar.

We ask for God's help. Listen now to the priest as he offers this prayer.

LOOK at the reader and LISTEN.

Moses seals the covenant between God the people with the blood of the sacrifice.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

## RESPONSORIAL PSALM PSALM 115

The cup of salvation I will raise;  
I will call on the Lord's name.

Or Alleluia!



## SECOND READING

## HEBREWS 9:11-15

This letter reminds the people about the sacrifices which used to be made in the Temple and emphasises the fact that they are not needed any more. When Jesus died on the cross, his blood sealed the new covenant. No more

sacrifices are needed. Nothing can ever top Jesus! Jesus' death and resurrection has healed our relationship with God once and for all. Jesus makes it possible for us all to have a loving, covenant relationship with God the Father.

LOOK at the reader and LISTEN.

Jesus' sacrifice on the cross seals the new covenant.



We give a shout of praise to God, using these words taken from the Bible.

## GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the living bread which has come down from heaven, says the Lord.

Anyone who eats this bread will live for ever.

Alleluia!



## DO YOU KNOW?

Friday 11 June is the feast of The Most Sacred Heart of Jesus. You might have seen a picture or statue of the Sacred Heart, where Jesus is pointing to his heart, shown outside his body. Jesus' heart represents his love for every one of us. Let's thank Jesus for loving us so much.



## THINK

We don't like to remember that in Moses' time animals were sacrificed. Times have changed. Today we want to please God by looking after creation. How can you care for animals? Perhaps you can look after a pet or find out how to help insects.



## GOSPEL MARK 14:12-16. 22-26

The Good News about Jesus is told to us by St Mark.

Jesus' friends help to get everything ready to celebrate Passover. This important festival reminds the people how, when they were slaves in Egypt, the angel of death passed over the Hebrew homes. The sign of the blood of the lamb on the doorposts meant that they were all

saved and were then free to escape. This Passover meal is different. Jesus takes the bread and says it is his body. He takes the wine and says it is his blood. Jesus is showing what the loving relationship of our covenant with God really means. Jesus is the lamb who brings us all freedom.

### STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?



PRAY

"I am the living bread."

Perhaps you can bake bread with someone at home. As you work, think about all the people you love and the life God has given you. Make your baking into a prayer.



### PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is living in slavery today. Give them courage and hope. Help us to do what we can to stop slavery. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



### OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time when you were sad this week and then think about something that happened that made you really happy.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



### THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



### THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

### COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



### MY PRAYER AFTER COMMUNION

Thank you, Jesus, for giving me yourself in the bread and wine of Holy Communion. Thank you for showing me just how much you love me. Amen.



# IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)  
X (Christos)  
Θ (Theou/God's)  
Υ (Uios/Son)  
Σ (Soter/Saviour)



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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.





# ICHTHUS

SUNDAY 13 JUNE 2021

11TH SUNDAY IN  
ORDINARY TIME

Year B



I am growing stronger in God's love every day!



## ENTRANCE ANTIPHON

O Lord, hear my voice, for I have called to you; be my help.  
Do not abandon or forsake me, O God, my Saviour!

We say these words or sing a hymn as the priest approaches the altar.

## COLLECT

O God, strength of those who hope in you,  
graciously hear our pleas,  
and, since without you mortal frailty can do nothing,  
grant us always the help of your grace,  
that in following your commands  
we may please you by our resolve and our deeds...

We ask for God's help. Listen now to the priest as he offers this prayer.



## FIRST READING EZEKIEL 17:22-24

Ezekiel paints a vivid picture of a strong, beautiful tree. The prophet describes how God will take a healthy shoot and plant it in a safe place. It is going to grow branches and bear fruit, giving shade

and protection for birds. Everyone will know that God gives life to the earth and everything in it. Furthermore, this tree is an image of the line of kings God will provide to take care of the people of Israel.

LOOK at the reader and LISTEN. Ezekiel uses words to paint a picture of God's love and care.

## RESPONSORIAL PSALM PSALM 91

It is good to give you thanks, O Lord.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.



## SECOND READING 2 CORINTHIANS 5:6-10

Paul is confident that he will share in Jesus' resurrection and enjoy life after death. Here he is reminding the people of Corinth that living as God asks is all we can do. If we try to do

what God has asked we can be confident of enjoying life with God too. Whatever we do, we do because we want to please God. Everyone will be rewarded, just as we deserve to be.

LOOK at the reader and LISTEN. We want to please God, whatever we are doing.

## GOSPEL ACCLAMATION

Alleluia, alleluia!

The seed is the word of God, Christ the sower;  
whoever finds the seed will remain for ever.  
Alleluia!

We give a shout of praise to God, using these words taken from the Bible.



## DO YOU KNOW?

The Church is now in **Ordinary Time**; time to reflect on the wonderful ways **Jesus spread God's love** during his life on earth and how **Jesus is always present** in our lives. The liturgical colour used in this special time is **green, the colour of life and growth**.



## THINK

**God's kingdom** is here with us now - as well being something we will all enjoy fully in the future! **Spreading love, justice and peace** will build God's kingdom. **Tiny acts of kindness make a big difference**. How will we show that Jesus is our king today?



## GOSPEL MARK 4:26-34

The Good News about Jesus is told to us by St Mark.

Just like Ezekiel in our first reading, Jesus uses the imagery of a tree growing to explain a difficult idea. God's kingdom is growing, even if we are not aware of it. The kingdom of God is like a tiny mustard seed. It starts off really small, but grows into "the biggest

shrub of all". The tree's branches give shelter and protection to the all the birds of the air. The kingdom of God may start off as a tiny seed, but it will steadily grow strong. God's kingdom will grow from all the tiny, good and kind things we do.



### PRAYER OF THE FAITHFUL

Dear Lord, I am thinking about all the people who grow things for a living. Help them to find joy in their work and send them a good harvest. Lord, hear my prayer.



### OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time when you were fed up this week and then think about being full of hope, looking forward to something good.

Say a little prayer offering these thoughts up to God.



### THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?



### THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

### COMMUNION ANTIPHON

There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life.



### MY PRAYER AFTER COMMUNION

Thank you, Jesus, for loving and caring for me. Help my roots to go deep into your love so that I will always stay firm in my faith. Amen.

### STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.

We listen to the prayer of praise and thanks to God.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



### PRAY

"The birds of the air can shelter in its shade."

Use your imagination to pray. Imagine you are sitting in the branches of the huge shrub. Feel the shade of the leaves. Know that you are safe in God's love.



### DO

See if you can go tree spotting in the playground, park or countryside. How many different varieties can you find?



### IXΘΥΣ

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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.





# ICHTHUS

SUNDAY 20 JUNE 2021

12TH SUNDAY IN  
ORDINARY TIME

Year B



**Tell Jesus about anything that may be worrying you – trust him!**



## ENTRANCE ANTIPHON

The Lord is the strength of his people,  
a saving refuge for the one he has anointed.  
Save your people, Lord, and bless your heritage,  
and govern them for ever.

We say these words  
or sing a hymn as the  
priest approaches  
the altar.

## COLLECT

Grant, O Lord,  
that we may always revere and love your holy name,  
for you never deprive of your guidance  
those you set firm on the foundation of your love...

We ask for God's help.  
Listen now to the  
priest as he offers  
this prayer.



## FIRST READING JOB 38:1. 8-11

Do people only have  
faith because they have  
happy lives? Can God be  
real if good people suffer?  
The book of Job explores  
these big questions. Job  
is a good man who loses  
his family, his wealth and  
even his health. His friends

try to give him clever  
answers to explain his  
suffering. Nothing helps  
and Job is very angry  
with God. Yet, it is in his  
suffering that Job meets  
God and knows for the  
first time that God really  
is with him.

LOOK at the reader  
and LISTEN.

Job meets God in  
his suffering.

The cantor or psalmist  
sings or says the psalm.  
Listen to the verses,  
and then respond by  
using these words.

## RESPONSORIAL PSALM PSALM 106

O give thanks to the Lord,  
for his love endures for ever.

Or Alleluia!



## SECOND READING 2 CORINTHIANS 5:14-17

Jesus loves us all very  
much. By giving his life  
for us, Jesus has shown  
us just how much we  
matter. Now we have  
new life and hope. We  
know that good can  
come out of anything  
bad. Jesus died and

rose again. The disciples  
know that Jesus' resurrection changed  
him and that we are also  
changed because of it.  
We have seen what real  
love is and now we want  
to live in the same way,  
putting other people first.

LOOK at the reader  
and LISTEN.

Jesus' love makes  
us all new!

## GOSPEL ACCLAMATION

Alleluia, alleluia!

May the Father of our Lord Jesus Christ  
enlighten the eyes of our mind,  
so that we can see what hope his call holds for us.  
Alleluia!

We give a shout of  
praise to God, using  
these words taken  
from the Bible.



## DO YOU KNOW?

Not many saints have  
two feast days, but on  
**Thursday 24 June** we  
celebrate **The Nativity  
of St John the Baptist**  
and sometimes the  
anniversary of his death  
is celebrated too. John  
the Baptist came to  
prepare the way for  
Jesus and challenges us  
all to **trust in God**.



## THINK

When God gave us life,  
**God gave us a very special  
gift.** From the moment  
our lives begin to the  
moment we die, our lives  
are blessed. We want to  
**value every single human  
being and treat them with  
respect,** because they are  
also a gift from God.



## GOSPEL MARK 4:35-41

The Good News about Jesus is told to us by St Mark.

Imagine getting into the boat with Jesus and the disciples to go to the other side of the Lake. Suddenly you are in the middle of a storm. The wind is howling and the waves breaking into the boat so that you are afraid it will sink. Where is Jesus when you need

him? Then you see him – asleep, with his head on a cushion! Jesus tells the wind and waves to be quiet. The storm drops and all is calm. You are amazed at Jesus' power! Jesus asks, "Why are you so frightened? How is it that you have no faith?"

### STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel. Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?



## PRAYER OF THE FAITHFUL

Dear Lord, I am thinking about anyone who is living in what feels like a storm at the moment. Help them to trust in you and to have faith. Take away their fear. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



## OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about a time when you were anxious or worried this week and then think about a time when you were calm and confident that everything is going to be all right.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



## THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



## THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

## COMMUNION ANTIPHON

The eyes of all look to you, Lord, and you give them their food in due season.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



## MY PRAYER AFTER COMMUNION

Thank you, Jesus, for always being there for me. Help me to trust you and know you are looking after me, even when it seems as though you are not there. Amen.



PRAY

"Quiet now! Be calm!"

Use your imagination to pray. Put yourself into the Gospel story. Trust Jesus to calm the storms in your life. Know that he is always with you.



DO

Take special notice of the weather this week – go for a walk and feel the wind, the sun or the rain.



# IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)  
X (Christos)  
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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.





# ICHTHUS

SUNDAY 27 JUNE 2021

13TH SUNDAY IN  
ORDINARY TIME

Year B



Are you wide awake? Be really aware of everything and everyone around you.



## ENTRANCE ANTIPHON

All peoples, clap your hands.  
Cry to God with shouts of joy!

We say these words  
or sing a hymn as the  
priest approaches  
the altar.

## COLLECT

O God, who through the grace of adoption  
chose us to be children of light,  
grant, we pray,  
that we may not be wrapped in the darkness of error  
but always be seen to stand in the bright light of truth...

We ask for God's help.  
Listen now to the  
priest as he offers  
this prayer.



## FIRST READING

WISDOM 1:13-15; 2:23-24

God does not want us to  
suffer. God is good and  
everything God makes  
is good. Although bad  
things, like death, are part  
of life, God does not enjoy  
seeing people in any kind  
of pain. God made us for

life. God wants us all to be  
healthy and to be able to  
live life to the full. We are  
made in God's image,  
to share in God's love.  
We will be able to enjoy  
life now and forever by  
following God's ways.

LOOK at the reader  
and LISTEN.  
Our good God made  
us for life.

The cantor or psalmist  
sings or says the psalm.  
Listen to the verses,  
and then respond by  
using these words.

## RESPONSORIAL PSALM PSALM 29

I will praise you, Lord, you have rescued me.



## SECOND READING

2 CORINTHIANS 8:7. 9. 13-15

Following Jesus means  
giving to other people.  
Just like Jesus we want  
to share our faith, our  
enthusiasm and our  
love. We also need to  
share our money too.  
If someone is in need,  
we have a duty to help.

However, we need to  
strike a balance. We  
are not asked to give  
so much that we have  
nothing left for ourselves.  
As Christians, our aim is  
to make sure that no one  
has too much while other  
people go hungry.

LOOK at the reader  
and LISTEN.  
Be generous to  
others, but balance  
your own needs too.



We give a shout of  
praise to God, using  
these words taken  
from the Bible.

## GOSPEL ACCLAMATION

Alleluia, alleluia!  
Your words are spirit, Lord,  
and they are life:  
you have the message of eternal life.  
Alleluia!



## DO YOU KNOW?

On **Tuesday 29 June** we  
celebrate the feast of **Ss  
Peter and Paul, Apostles**.  
These apostles were very  
different men with very  
different ideas about what  
it meant to be a Christian.  
However, their **faith in Jesus**  
inspired them to work  
together for the good of  
the community. They both  
**grew in their understanding**  
of what it means to be a  
follower of Jesus, and we  
can too!



## THINK

It's easy to take our  
health for granted.  
When we are ill, however,  
we remember just how  
**good it is to be well!**  
Perhaps we can **look**  
**after ourselves** today  
by making **healthy food**  
**choices** and enjoying  
some fresh air.



## GOSPEL MARK 5:21-43

The Good News about Jesus is told to us by St Mark.

When Jairus' daughter becomes ill, he turns to Jesus in his desperation. News about Jesus has spread and crowds of people have come and are pressing all around him. One sick woman knows that even if she touches Jesus' cloak she will be healed. While Jesus is speaking to her,

messengers come to tell Jairus not to bother Jesus any more. Jairus' daughter has already died. When he hears this news, Jesus reassures everyone saying "Do not be afraid; only have faith." Arriving at the house Jesus takes the little girl's hand and tells her to get up. And Jairus' daughter gets up, healed!

### STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



## PRAYER OF THE FAITHFUL

Dear Lord, I want to pray for anyone who has a sick child. Please be with them in their pain and give them comfort. Lord, hear my prayer.



## OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about any time this week when you might not have felt well and then remember the times you were full of energy and bursting with health.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



## THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



## THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

## COMMUNION ANTIPHON

Bless the Lord, O my soul,  
and all within me, his holy name.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



## MY PRAYER AFTER COMMUNION

Thank you, Jesus, for loving me and for giving me life. Help me to appreciate all that I have been given, especially my health. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



PRAY

"I tell you to get up."

God wants us to live as fully as possible. Pray today by going for a walk outside. Be really aware of everything you can see, hear, touch and feel. Thank God for being alive!



DO

Can you give away something you no longer need, to help someone who doesn't have as much?



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