



# Parish of the Sacred Heart

Sunday 1st August 2021

PSALTER 2      Year B1      Eighteenth Week in Ordinary Time

*‘The Lord gave them bread from heaven.’*

## Confessions

Sat 5.00pm-5.20pm

Weds 9.30am - 9.50am

On reasonable request

Sun 1st Aug	5.30pm	First Mass of Sunday - Saturday Evening	People and the Parish
	9.15am	Holy Mass	Alice Dupuy RIP
	11.15am	Holy Mass	Holy Souls
Mon 2nd Aug		No Mass	
Tues 3rd Aug	10.00am	Holy Mass	Private Intention
	4.00pm	Reception of David Smith RIP	
Wed 4th Aug	10.00am	Funeral Requiem Mass David Smith RIP	
Thu 5th Aug	10.00am	Holy Mass	Doreen Overy RIP
Fri 6th Aug	10.00am	Holy Mass	Pat Cummins RIP

## Question of the Week

“How can I be a sign of the nourishment I receive from the bread of life.”

All Masses and Liturgies are now being live-streamed. **CLICK HERE** or go to  
<https://www.youtube.com/channel/UCqZLYdKWQ6CqG2utRNBeKmA>

## Scripture references

Exodus 16:2-4,12-15  
Ephesians 4:17,20-24

Psalm 77(78):3-4,23-25,54  
John 6:24-35

### THERE IS A HUNGER ONLY JESUS CAN SATISFY

Dear friends, last Sunday, we reflected on the fact of Jesus feeding five thousand people with only five loaves of bread and two fish. And in excitement, the people at the end wanted to make him a king because they saw him as one who has the key to material satisfaction. But unfortunately for them, he escaped from their midst because they were unaware of his own kingship which is beyond what they had planned to confer on him. His kingdom is not only of this world but also of the one to come. His kingship is one that liberates people from not only physical/material bondage but spiritual one. However, when Jesus could not accept their planned offer of kingship, he escaped to the hillside from their midst but the people could not give up looking for him.

And in today's gospel, when they could not find him nor any of his disciples, they got into the boats in search of him to Capernaum. When they found him, they diplomatically said to him: "Rabbi, when did you come here"? And Jesus replied: "truly I say to you, you seek me, not because you saw signs, but because you ate your fill of the loaves. Do not labour for the food which perishes, but for the food which endures to eternal life, which the Son of Man will give you, for on him has God the Father set his seal" (John 6:27).

Jesus had to say this to them because He wanted to re-direct their attention and purify their intention. A good number were looking for him because of food and drink which could only give them momentary and earthly satisfaction. Jesus wanted them to look beyond that for spiritual and eternal satisfaction and that is why he said to them: "do not labour for the food which perishes, but for the food which endures to eternal life" which He, the Son of Man will give. He therefore made it clear to them on further discussion that it was not Moses who gave them bread from heaven but His Father for the bread of God is that which comes down from heaven and gives life to the world. And they started demanding for the bread saying: "Lord, give us this bread always". And Jesus was able to pass the message unto them by telling them that He, Jesus is the bread of life, and anyone who comes to him shall not hunger and anyone who believes in him shall never thirst.

Jesus is the bread of life as we have Him in the Eucharist. He wants us to partake of him in the Eucharist. And anyone who believes in him shall never hunger nor thirst. He is the only Person to give us the satisfaction we need in this life and in the life to come.

From the readings today, we have to understand that there is a physical hunger which only food can satisfy and there is a spiritual hunger which no food in the world can satisfy. You can be hungry and open your refrigerator and you see nothing to take even when your refrigerator is filled up and you can say to yourself “I am hungry but not for any of these in the refrigerator” and you are confused. Or put in another way: you have everything that is important in life –a family, job; good income or wonderful planned form of retired life yet you are not happy, you still feel something is missing in your life. It could be possible that that missing in your life could be Jesus. And he is telling us today that he is the bread of life and that anyone who comes to him shall not hunger nor thirst again. Let us seek Jesus with all our heart for there is a hunger in all of us that only Jesus can fill. Let us go to him and possess him as our own possession.



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**The Pope's Intentions - August**  
**Intention for evangelization - The Church**  
**Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.**



**Tea & Coffee**  
**Will be served in**  
**the new**



**Parish Pastoral Rooms**

**after the 9.15am Mass every Sunday**  
***It will be great to get together again!***

Please pray for the Repose of the soul of David Smith. Davis was an altar server for many years, and a member of Catenians. David's Requiem Mass will be celebrated on Wednesday 4th at 10am.

### Altar Servers

It will be wonderful to see our Altar Servers on the sanctuary once again, please feel free to come and serve. We have missed you.

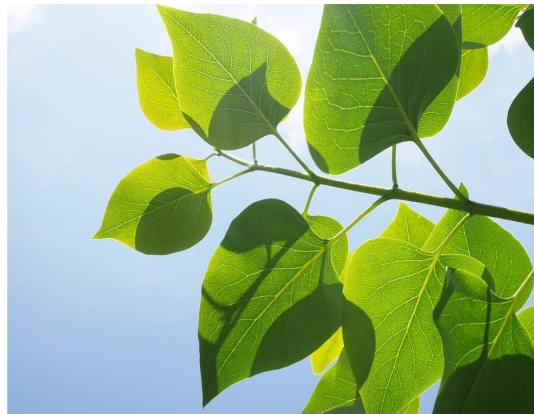
### Readers

For those who stood down during lockdown but who would like to exercise their ministry again, please inform the parish office in order for you to be put on the rota.

### Counters

We would like to reinstate the weekly counting rota, if you were a cashier before lockdown and wish to continue or indeed if you would like to help, please inform the parish office.

## Lunchtime Concert Summer 2021



### flute , piano & readings

Bee Harley

Dorothy Raven

Sheila Swarbrick

Thursday 12th August

1 pm

St Stephen's Church, High Street, Exeter

Donations for Exeter Community Initiatives (ECI )

**‘...whatever you do to the least of your brothers and sisters, you do to me.’ Matthew 25:40**

Seventeen months have passed since the start of the Covid-19 pandemic in our country and many families are still facing crippling economic hardship. Throughout this long period, the Catholic Children’s Society (Plymouth) has continued to respond to an ever-increasing demand from families in our Diocese who find themselves in great difficulty and who lack essential items to meet their basic needs.



Meeting these needs has resulted in a significant depletion of the Society’s limited resources which are needed in order to continue to support such families who have fallen on hard times. So I again appeal to your generosity to support the good work of the Catholic Children’s Society (Plymouth) by offering what you can. In so doing, through the agency of the Society, you will make a real difference to those families who are struggling at the most basic level.

May God bless you for responding as generously as you can to this Annual Appeal.

Rt Rev Mark O’Toole  
Bishop of Plymouth



## EXETER WAYmakers

... are a group of people from Catholic Exeter, who are preparing to resettle a Refugee family here in our City of Sanctuary.  
*As the name suggests we seek to prepare a WAY, as WAYmakers of Welcome*

We will be expanding the invitation to help support us, more widely with time, at various stages and this will extend more broadly into our Community in the City.

In 2015, Pope Francis called on "every parish, every religious community, every monastery, every sanctuary in Europe to take in a family, saying the Vatican’s two parishes would lead by example." *We are pleased to be following similarly ...*

*We are currently a core group of 12 and this has need of further people, to help us accomplish more...*

CARITAS in Diocese of Plymouth are our Lead Sponsor, in making an application to the Home Office to resettle a family and utilising the UK Government Community Sponsorship Scheme to do this.

There are significant challenges and opportunities for us all to grow, in ways we can not imagine. We are building upon a basis of prayer, that is turning into actions that are making progress.

If you would like to join us, to help transform the life of a family, please make contact to learn more ... Thank you.

Exeter WAYmakers > Chris Lee Email: [cml\\_lee@hotmail.com](mailto:cml_lee@hotmail.com) Mobile: 07702 435890





## **YMCA EXETER**

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## **WE'RE RECRUITING HOST FAMILIES!**

*"My host family made it so easy for me to feel at home in Exeter. They became my second family and supported me all the time, comforted me and gave me a home of love, joy and warmth."*

*- Carmen, Intern 19/20*

We are looking for host families who can give a YMCA Exeter intern a home for the upcoming academic year (25th September 2021-23rd July 2022).

Host families will receive £85 per week from YMCA Exeter to cover their rent and food. Our host families partner with us to give our interns a fun, inspiring and transformational year of Christian service. A host family can be single, a couple or a family and age is no barrier.

To find out more information or to register your interest, we welcome you to contact us by emailing [office@ymcaexeter.org.uk](mailto:office@ymcaexeter.org.uk) or call us on 01392 410530.

## VACANCY – Heritage Project Manager

Role: Heritage Project Manager – Diocese of Plymouth: Fixed Term Contract (12 months) Location: Home Based Hours: 35 hours per week  
Salary Range: £28,000 - £30,000 per annum plus mobile phone allowance and pension scheme (subject to eligibility).

Caritas Plymouth has a vacancy for a person to take responsibility for the management of the heritage project to restore the Church of the Immaculate Conception in Barnstaple and re-purpose it as a venue for social action, Caritas in Action, funded by the Architectural Heritage Fund.

The job description is obtainable from the Human Resources Department on 01364 645383, email [recruitment@prcdtr.org.uk](mailto:recruitment@prcdtr.org.uk). Applications by application form and covering letter. Closing date for applications 2 August 2021 and interviews to be held 17 August 2021 at St. Boniface House, Ashburton.

For further information: [www.plymouth-diocese.org.uk](http://www.plymouth-diocese.org.uk) click on Careers under The Diocese tab or contact Deborah Fisher for a chat about the role on 01364 645421.

## VACANCY - Safeguarding Caseworker - Victim/Survivor Support & Communications

Safeguarding Caseworker Victim/Survivor Support & Communications – Part time  
Location: St. Boniface House, Ashburton, Newton Abbot TQ13 7JL

Hours: 21 hours a week

Salary: £33,000.00 per annum FTE (Actual salary £19,800) plus mobile phone allowances and pension scheme (subject to eligibility)

The Diocese is looking to appoint a Safeguarding Caseworker - Victim/Survivor Support and Communications (part time) to work within the Diocesan Safeguarding Team. The role is to provide and develop services to victims and survivors of abuse regardless of where such abuse occurred as well as promoting safeguarding across the Diocese and to the wider community.

A copy of the job description/person specification and application form are obtainable from the Human Resources Department on 01364 645383 or by email to [recruitment@prcdtr.org.uk](mailto:recruitment@prcdtr.org.uk). Applications are by application form and covering letter and the closing date for applications is Monday 16 August 2021. Interviews will be held in early September 2021 at St. Boniface House.

For an informal discussion regarding the role please contact our Safeguarding Caseworker Ms Annette Moody–Burkinshaw on 01364 645432 or by email on [annette.moody-burkinshaw@prcdtr.org.uk](mailto:annette.moody-burkinshaw@prcdtr.org.uk)

Charity Number 213227

## Youth Events

### **26th September Youth Rally 2021 – St Rita's Honiton 1.00 – 6.30pm**

Parishes are asked to make an £8pp contribution. We are pleased to announce that the infamous youth Rally will run as usual in Honiton. Parishes are encouraged to bring teams of 6 young people aged 8 – 16. A BBQ will be offered throughout the afternoon along with other snacks and drinks. Challenges include Tug or War, it's a knockout, Gladiators. After Mass young people will be awarded certificates and medals for their achievements. To book please contact [pmorris@wjmorris.co.uk](mailto:pmorris@wjmorris.co.uk) or [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

### **16th October Youth Workers Conference**

Venue: St Rita's, Honiton 10.00 – 2.30 People are welcome to make a voluntary contribution on the day.

I am inviting everyone across the diocese who either works with young people or would like to work with young people (this includes catechists) to join me at Honiton. Rise Theatre will be joining us to celebrate all the youth work and events (and what used to happen before COVID) across the diocese. I hope it is an opportunity for us to reflect on what is happening in our parishes and across the diocese, offering each other support and a chance to share our talents. My aim is to build a forum where we can continue to share ideas and experiences along with a chance to call upon each other for help when needed. Rise Theatre will offer a workshop for everyone, offering suggestions of activities that can be used in the parish either as part of the catechesis programme or informal events. Lunch will be provided. For further information or to simply join the forum, please email Saskia Hogbin: [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

### **Young Catholic Adult Group:**

Ian Jackson is volunteering with Youth Events to set up a new group for young adult Catholics. Check out the Facebook page <https://www.facebook.com/groups/738397836590050> As the group starts to form, we hope to organise informal gatherings. Please see the poster on the Website.

## GIFT AID

The parish is immensely grateful to all donors who have supported the parish during the year and helped keep our doors open to achieve our Mission. If you don't already do so, please consider whether you could increase the value of your donation by signing up for Gift Aid (details and form available from your parish gift aid organiser).

Gift Aid donors - You should soon receive an individual statement of how much you gave in the year so that you can check you have paid enough tax to cover the gift aid that the parish will claim. This statement will go to the address that is currently held by the gift aid organiser. If you are expecting a letter but do not receive one please contact Anne Schranz (01392 215077) or the parish office.



## St. Petroc's Residential Summer Camp

An Invitation for St. Petroc's Residential Summer Camp 2021 - 9th-13th August  
Years 11-12 (16-18 year olds) - RSVP

We have been preparing to welcome your young people to this year's residential camp. We are gathering together at St. Rita's Residential Centre, set in the beautiful vale of Honiton

**Arrival:** Monday 9th August 2021 at 12:00, lunch will follow quite soon after all have arrived.

**Leaving:** Friday 13th August 2021 at 14.00 following the conclusion of Lunch.  
The cost remains at £170.00. A deposit of £40.00 will secure a place in the first instance.

To ask any questions or access to an online Application Form

Please email [stpetrocscamp@prcdtr.org.uk](mailto:stpetrocscamp@prcdtr.org.uk) or give me a call Chris Lee on M:07702 435890

**Junior Camp for School Years 3-6 - 9-13 August** online with activities in the morning and evening, with the group coming together on Friday 13<sup>th</sup> at St Rita's Centre, Honiton.

Email: [juniorecamp@prcdtr.org.uk](mailto:juniorecamp@prcdtr.org.uk)

**Senior Camp for School Years 7-10 - 9-13 August** online with meetings in the morning and afternoon, as a short taster, **with a live 4-day actual camp at Buckfast in October half term.** Details for the residential Camp will be advertised shortly.

Email: [seniorecamp@prcdtr.org.uk](mailto:seniorecamp@prcdtr.org.uk)

**St Petroc's Camp for School Years 11 and 12 - 9-13 August** will have a **Live** Camp at St Rita's Centre, Honiton

Email: [stpetrocscamp@prcdtr.org.uk](mailto:stpetrocscamp@prcdtr.org.uk)



## GIFT Growing In Faith Together

### **July: Martha and Mary**

On Saturday 3<sup>rd</sup> July, parents and catechists met to explore the gospel account of Martha and Mary. Fr Jonathan shared thoughts based on this story via artwork before we broke into small group discussion.

Whilst many parents admitted that 'Busy Martha' resonated more with them than 'Prayerful Mary', Saturday's session inspired and supported parents to discover and carry the 'Prayerful Mary' within each of them into everything they do to care for, love and nurture their family.

Families will now explore the next two topics in our Jesus Lives resources: 'Martha and Mary' and 'Parables'.

**Next Month** We will not meet in the month of August and pray that the summer holidays offer a time of relaxation and refreshment for all families.

**WHAT IS GIFT?** GIFT is for all families of faith: for families who have already made their Holy Communion or for families with children who are looking forward to receiving this sacrament; for families with older children who want to be confirmed in their faith; for families with younger children who want to experience and grow in faith in a simple and enjoyable way.

### **BEDTIME CHATS**

All of the Bedtime Chats can be found on the Blessed Sacrament Website GIFT page: <https://www.blessedsacrament.org.uk/parish-life/gift/>

**GET IN TOUCH** Our next parents zoom session is on Saturday 4<sup>th</sup> September. If you would like to join us, please get in touch with Maria [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

## Wednesday Word Summer Break

Thank you to all who have joined us for Wednesday Word over the past year for what has been a thoroughly enjoyable and faith growing experience. Last Wednesday (21st July) was our last session now until Wednesday 1st September. In September, we will continue to meet online via zoom from 2:00-3:00 every week. If you would like to join us then, please get in touch with Maria: [Exeter-pastoral-assistant@prcdtr.org.uk](mailto:Exeter-pastoral-assistant@prcdtr.org.uk). Please note that you do not need to make a weekly commitment and a warm welcome will await you whenever you can come.

## On the Sacred Heart Website

Lourdes Brochure \* Young Adults Group \* Three-Minute Survey (PDF)  
Look and Ichthus PDF's (Children's Sunday Sheets) for July \* Summer Camps

# SACRED HEART CHURCH

## COVID-19 PROTOCOLS

The Government has decreed that from 19th July, there will be no legislation on social distancing in England. The Bishops' Conference has advised all parishes of the importance of continuing to create a safe environment in places of worship. Recognition of the presence of the virus in the population means that certain preventative practices will still be required: it is essential to ensure that the Church continues to discharge its Health and Safety duties and that common sense and risk averse activities are kept in place to mitigate against the transmission of the virus which is still prevalent in society.

- Face coverings are strongly recommended to be worn by those in church.
- The church will continue to provide hand sanitiser at entrances and exits.
- The NHS Test, Track and Trace system will remain in operation to make available the means for people to sign in for acts of worship using the NHS app and the associated QR codes.
- The Parish Track & Trace Forms will remain in use for all Masses.
- The present one-way system will remain, with entry by the tower door and exit via the main doors.
- We shall still need stewards at all Masses, as a welcoming presence at the church door is a valuable sign of hospitality; stewards are present to ensure that the church remains a safe place where all may worship safely.
- The church will continue to be cleaned and disinfected after every Mass; if you would like to help please let one of the stewards know.
- Holy Communion will continue to be under one kind and the ministers will continue to sanitise their hands beforehand and wear a face covering whilst distributing. Communion is recommended to be distributed in the hand, but those who wish to receive on the tongue may do so.
- People should exercise good responsible behaviour, especially when moving to receive Holy Communion during Mass, and should avoid getting too close to each other. Management of Holy Communion as directed by the stewards will continue.
- At this time, the Bishop has recommended that Holy Water stoups are not refilled. Should people wish to receive holy water, please bring your own container and ask one of the priests, or one of the stewards.
- The offertory collection will not be resumed in church; please use the box at the back of church or donate online or by standing order.
- Indoor congregational singing will be permitted from 19th July. The Bishops' Conference has asked that singing should be phased in gently, as part of worship over the summer period, and that face coverings should be worn by members of the congregation whilst singing together, until infection levels reduce.

Fr. Kieran Kirby  
Parish Priest

Martin Overy  
Parish Health & Safety

### Online donations

It is now possible to make your weekly loose plate offering and other donations on-line. **\*\*All donations are anonymous.\*\***

Please use this link to make your online donation;

**<https://givealittle.co/campaigns/f94e8739-d2fd-4ce6-9fca-60470ef39403>**

**Alternatively**, you can go to the website; **<https://www.sacredheartexeter.org/>**  
Scroll down to the 'Parish News' section and click the highlighted 'Donate Here' text.

There is also a link on our Facebook Page; **<https://www.facebook.com/Sacred-Heart-Catholic-Church-Exeter-422138011310698>**

If you need further guidance please email the Church Office.



### Spiritual Communion

My Jesus, I believe that you are present in this Holy Sacrament of the Altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you Sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.

## Contact Details

### **Parish of the Sacred Heart**

**25 South Street, Exeter, EX1 1EB**

**Parish Priest: Fr Kieran Kirby**

Assistant Priest: Fr Cyriacus Uzochukwu

Deacons: Delian Bower and Kelvin Russell

Parish Sister: Sr Anna Maria

Parish Secretary: Karmen Trice

Parish Telephone: 01392 272815 Email: [exeter-sacredheart@prcdtr.org.uk](mailto:exeter-sacredheart@prcdtr.org.uk)

Website: <https://sacredheartexeter.org>

Exeter Pastoral Assistant: Maria Quinn email: [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

Exeter Youth Worker: Erik Renz email: [exeter-youth-worker@prcdtr.org.uk](mailto:exeter-youth-worker@prcdtr.org.uk)

Safeguarding Rep: Karmen Trice Email: [karmen.trice@prcdtr.org.uk](mailto:karmen.trice@prcdtr.org.uk)

St Nicholas Catholic Primary School: Head Teacher: Mrs Angela Folland 01392 445403

